

Rune Saloon @ HOLIDAY FOREVER

Ian James & Matt Siegle

March 20 - April 23

Opening reception March 20 5-8pm



The runes you are about to make will be valuable allies in your journey through life. It is good to view them as friends. Always treat them with respect, and as you craft your rune set, craft each and every one with love.

Do not lend your runes out to anyone. They are for your own personal use. By the time you have finished crafting them you will have imbued them with YOUR energy and YOUR life force, and they were made to serve YOUR purposes.

ƿ - FEHU >>> [howdy!](#)

ᚦ - ANSUZ >>> [Hand Wash and Let Air Dry](#)

[nothing] - WYRD >>> Such a rare game mode to see. DO people still play it?

ᚱ - URUZ >>> When used with Kasina, your entire field of view is filled with pure, jewel-like colors and dancing patterns

ᚷ - RAIDHO >>> Eddie is arranging things in the back of his truck: milk crates, aluminum dusty outer-frame backpack, a plastic bottle w/ paracord dangles, shovels maybe? I can't look too closely.

ᚹ - SIGEL >>> Wave length of tissue

ᚼ - HAGALL >>> natural emergency. always tactical safety.

ᚫ - GIFU >>> GIFT - Can't really put my finger on it, but I do know that when I use pink or aqua I am much calmer. My method of use is to sit in my infrared sauna and read for 20 - 30 minutes wearing whatever color appeals to me that day. Then I take a shower and while in there close the drain and add the same color to the water as the glasses I was wearing. AND THEN! I use the corresponding oil for that color on my body in various spots. That's why I can't tell you how much the glasses affect me because I do so many other things! I do know, however that the red glasses really put me in a foul mood at work. I stay away from them unless it's the weekend and I have lots to do. Hope that helps.

ᚠ (ᚠ) - WUNJO >>> helpful in relieving neck pain, especially when used regularly

ᚢ - THURISAZ >>> [Luck and Vexing Thorn](#)

ᚤ - JERA >>> Eddie bangs the side compartments near the gate of his truck and pulls some things out into the bed. Clanging rattling.



ᚦ - OTHEL >>> maybe \$, [Consumed By Vision](#)

ᚨ - NIED >>> Sometimes your mind is calm and sometimes it's active, when you're calm, you'll hear peaceful weather sounds. When your mind wanders, the weather will intensify, guiding you back to a calm state.



ᚱ - EIWAZ >>> perseverance - tree - Even when turned to maximum intensity, it is not harmful. It is suggested, that until you become fully acclimated to your unit, you maintain the intensity at a lower setting

ᚷ - PERDHRO >>> He grabs something and then goes to sit on the curb. Eddie's got a can opener, and sitting squatted on his haunches, legs spread pretty wide. You can look into the seat of his jeans. Blazing in the sun. The brimmed hat shades his face, E cranks the can open and starts to eat stewed tomatoes. It's just after 10 AM.

ᚹ EOLH >>> Mojave! Mojave! Twirl in the winds ~ of this meth-blasted land ~ you are home of the high-desert twink

ᚫ - EHWAZ >>> progress - physical movement or shift - new dwelling places

ᚱ - MANNAZ >>> [Known throughout the world to be one of the classic mind machines](#)

ᚦ - LAGAZ >>> [Intuitive Knowledge, Can Be Psychic](#)

ᚫ - ING >>> Light, wearable and pocket-sized

ᚫ - DEAG >>> positively ultra-lightweight

Ian James (b.1981, Cincinnati, OH) & Matt Siegle (b.1980, Mount Kisco, NY) received their MFAs from CalArts in 2009. The two have maintained a close friendship and dialogue and have run the artist-project space [metro pcs](#) since 2013. This exhibition, composed of each artist's individual work, will be their first together since collaborating performatively in 2012. The two artists share a dialogue touching on petrified wood, slippery images, gritty ephemera, and meetings under the Young Street Bridge, and diverge on subjects as diverse as sandstone graffiti and 19th century communal living experiments.